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A brief history of massage - massage therapy:

A Brief History of Massage By Robert Noah Calvert Note: The late Robert Noah Calvert authored The History of Massage: An Illustrated Survey from Around the World

The effects of massage therapy & exercise therapy

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Massage and bodywork magazine for the visually

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Remedial massage - wikipedia, the free

Remedial Massage is a treatment modality that manipulates the soft tissues of the body including movement for a specific therapeutic effect, rather than a general

Massage - wikipedia, the free encyclopedia

Pediatric massage is the complementary and alternative treatment that uses massage therapy, or "the manual manipulation of soft Swedish massage has shown

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Massage, traction, and manipulation - medscape

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Deep tissue massage manual and visual guide, art

Deep Tissue Massage Manual has two 7-volume DVD sets from Art Riggs that will transform the way you perform bodywork and deep tissue massage.

Manual techniques addressing the lymphatic

Manual Techniques Addressing the Lymphatic System: now widely known as Swedish massage, The History of Massage: An Illustrated Survey From Around the World.

The role of massage in sports performance and

The authors found that clients receiving Swedish massage The immediate effects of manual massage on power-grip performance after maximal exercise in health adults.

The mechanisms of manual therapy in the treatment

Prior studies suggest manual therapy (MT) as effective in the treatment of musculoskeletal pain; however, the mechanisms through which MT exerts its effects are

Deep tissue massage, revised edition: a visual

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Dec 21, 2011 "Chinese Health Massage" is easy to use illustrated guide how to make Chinese self-massage for the purpose of strengthening the body and lengthening the

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What is massage?: information you knead to know

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